

# Happy Girls Run Spokane – Sept 22, 2018

- SWAG Bag Stuffing (10)
  - Volunteers will meet at Lay it Out Events Office to help stuff the over 1000 bags that we provide to our runners. We will have great samples such as energy bars, toiletry items, make-up samples, and more.
  - **Sept 20 4pm – 7pm**
- Packet Pickup and Registration (5-6)
  - Volunteers will help with packet pick-up for all registered runners. Volunteers will be assigned a distance and will be giving runners the bib # that corresponds with their name, along with their SWAG bag, plus additional purchases such as t-shirts.
  - **Sept 21 2:45pm – 7pm**
- Merchandise (1-2)
  - Volunteers will assist with merchandise sales and restock
  - **Sept 22 10am-2pm**
- Race Day Late Registration/Package Pickup (2-4)
  - Volunteers will help with late packet pick-up and registration for runners. Volunteers will be assigned a distance and will be giving runners the bib # that corresponds with their name, along with their SWAG bag, plus additional purchases such as t-shirts.
  - **Sept 22 7am – 10am**
- Assistance at the Finish Line (2-4)
  - Volunteer will help with water & GU Brew refills as well as hand out finishers medal to all half marathon finishers.
  - **Sept 22 10am – 2pm**
- Course Assistance
  - Volunteers will be stationed along the race path and responsible for directing runners. Those participating at an Aid Station will refill all water, GU Brew & Gel, and any other supplies necessary for runners
  - **Sept 22 8am – 12pm**