

## Salmon Run – April 8, 2018

- Little Fry Run Helper
  - The little kids want to get in on the action too. We need your help setting up a fun relay course for children between 3 yo and 12 yo and assist them up the "fish ladder" to the finish.
  - 10:30am – 1:30pm
- Packet Pickup and Registration (5-6)
  - Volunteers will help organize packet pick-up for all registered runners. Volunteers will be assigned a distance and will be giving runners the bib # that corresponds with their name.
  - 12pm – 4pm
- Race Day Registration (2-4)
  - Volunteers will help organize packet pick-up for all registered runners. Volunteers will be assigned a distance and will be giving runners the bib # that corresponds with their name.
  - 7am – 10am
- Assistance at the Finish Line (2-4)
  - Volunteer will help with water & GU Brew refills as well as hand out souvenir seed packets to all finishers.
  - 10am – 2pm
- Course Assistance
  - Volunteers will be stationed along the race path and responsible for directing runners. Those participating at an Aid Station will refill all water, GU Brew & Gel, and any other supplies necessary for runners
  - 8am – 12pm